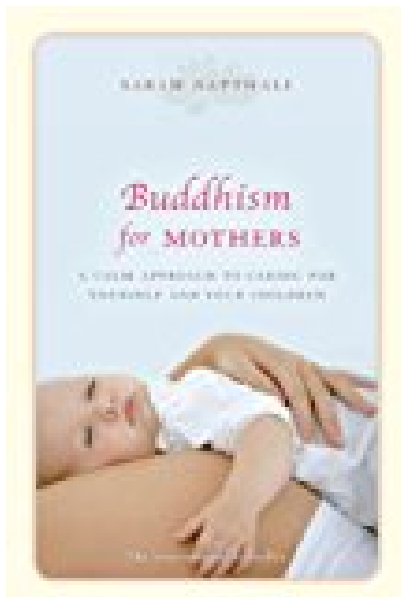


# Buddhism for Mothers A Calm Approach to Caring for Yourself and Your Children

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